



MARCH 2024

*Theta Monthly
Momentum*



WELCOME TO YOUR Monthly Guide To Growth



LUCK IS IN THE LEARNING



Luck is in the air! March is home to spring in a lot of places, how's the weather where you are right now? Is it warming up? Is it turning to fall?!

Did last month's newsletter plant the seeds of positive change in your relationships? We hope the tips and insights we shared have blossomed into beautiful connections for you.

Let's sprinkle this month's newsletter with luck through wisdom!



In this newsletter you will find:

Ideas of change, fresh new commands, and the opportunity of a lifetime!

UNLEASH YOUR POTENTIAL!

A JOURNEY OF PERSONAL GROWTH AND TRANSFORMATION

As young children we learn to crawl, walk, talk, decipher our emotions and physically GROW to become adults. But then what? Is that it? Are we done with the journey and decide this is just who I am now... Or should we strive to continue to better ourselves and continue to grow?

I personally prefer the second option! What does it mean to grow once we're "fully grown"? Personal growth refers to the ongoing process of self-discovery. Gaining a deeper understanding of oneself, continuing to learn new skills, adapting to new situations and evolving emotionally, intellectually and spiritually. This often includes expanding perspectives, overcoming challenges, setting and achieving goals, building resilience and cultivating a sense of purpose. It's a dynamic and continuous journey that acknowledges the capacity for change & improvement.



PROFESSIONAL GROWING PAINS?

"Professional growing pains" typically refer to the challenges and difficulties that individuals or businesses face during periods of significant expansion, development, or change. It's the discomfort and challenges that arise as one strives to reach new levels of success, whether it's in terms of career advancement, business growth, or professional achievements. These pains could include adapting to larger workloads, navigating organizational changes, developing new skills, and overcoming obstacles that come with increased responsibilities.

CLICK HERE TO JOIN THE POSITIVELY TRANSFORMATIONAL PODCAST



Positively Transformational Podcast is held every THIRD WEDNESDAY at 1:00pm Pacific Standard Time. Last month we talked about how our space makes room for productivity, and this month we'll be discussing personal and professional growth and development! What does that look like to you?

Our Resources

WHERE CAN YOU FIND MORE INFORMATION?

Our Personal & Business Success Program walks you down a path of self-development and understanding of how we can contribute to others and the world at large.

Go to **www.successbyyourcommand** today to learn more



Follow us on social media

LET'S STAY CONNECTED THIS YEAR!

We would love to hear from you in 2024! Stop by any of our socials for daily commands, words of motivation, wisdom and fun facts. Tell us what your goals are, or what you'd like to see from us in the future! Let's conquer this year together!